



JUNE FAMILY FUN CALENDAR

NORTHWEST FAMILY YMCA

FREE ACTIVITIES

PROGRAMS











SPECIAL EVENTS

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|--------|--------|---------|-----------|----------|--------|----------|

JUNE WEEKLY PROGRAMS & ACTIVITIES

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| Outdoor Pool 12-6 PM Tae Kwon Do Dance (Toddler)  | Outdoor Pool 12-8 PM Mini-Camp Tae Kwon Do Dance (Parent & Child) | Outdoor Pool 12-8 PM Mini-Camp Gymnastics Junior Narwhals Swim Team Prep Soccer & Volleyball Clinic | Outdoor Pool 12-8 PM Mini-Camp Tae Kwon Do Art Classes Dance (Parent & Child) | Outdoor Pool 12-8 PM Mini-Camp Gymnastics Junior Narwhals Swim Team Prep Soccer & Volleyball Clinic | Outdoor Pool 12-8 PM | Outdoor Pool 10 AM-8 PM  |
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JUNE FAMILY FUN ACTIVITIES

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| | | | | |  | 1 Splash Day! 11:00AM-2:00 PM |
| 2 Poolside Popsicles 3-4 PM  | 3 Family Gym: Gymnastics & Open Play 5-7 PM  | 4 Chess Club 5-8 PM  | 5 | 6 | 7 Explorer Point: Co-Play Meetup 5-7 PM  | 8 Family Activity Club: Storytime & Book Exchange 10 AM - 11 AM Kids Night Out 5:30-9:30 PM |
| 9 Poolside Popsicles 3-4 PM | 10 Family Gym: Parents vs. Kids Games 5-7 PM   | 11 Chess Club 5-8 PM | 12 | 13 | 14 Explorer Point: Co-Play Meetup 5-7 PM Movie & Popcorn 5:30-7:30 PM  | 15 Family Activity Club: Father's Day Arts & Crafts 10 AM - 12 PM |
| 16 Poolside Popsicles 3-4 PM | 17 Family Gym: Pickleball 5-7 PM  | 18 Chess Club 5-8 PM | 19 | 20 | 21 Explorer Point: Co-Play Meetup 5-7 PM | 22 Family Activity Club: Board Games Galore 10 AM - 12 PM |
| 23 Poolside Popsicles 3-4 PM | 24 Family Gym: Family Fitness & Open Gym 5-7 PM | 25 Chess Club 5-8 PM | 26 | 27 | 28 Explorer Point: Co-Play Meetup 5-7 PM Movie & Popcorn 5:30-7:30 PM  | 29 Family Activity Club: 4th of July Arts & Crafts 10 AM - 12 PM |

FREE ACTIVITIES

Outdoor Interactive Pool

Monday-Friday: 12-8 PM
 Saturday: 10 AM-8 PM
 Sunday: 12-6 PM

Open daily for your all of your splish, splash, and cooling off needs!

Poolside Popsicles

Sundays, 3:00-4:00 PM
 Outdoor Pool



Cool off with a sweet treat while supplies last every Sunday.

Family Gym Hours

Mondays, 5:00-7:00 PM
 Gymnasium

Families take over the gymnasium for open play and structured activities.

Chess Club

Tuesdays, 5:00-8:00 PM
 Community Room

Welcoming players of all ages and skill levels!

Explorer Point: Co-Play Meetup

Ages: 0-11 yrs
 Fridays, 5:00-7:00 PM
 Explorer Point

Bring a friend for a play date or meet new friends during our weekly Co-Play Meetup hours in Explorer Point.

Movie & Popcorn

2nd & 4th Friday, 5:30-7:30 PM
 Community Room

Bring your own picnic or snack on free popcorn for a family-friendly movie.

June 14: Wish
 June 28: Soul



Family Activity Club

Saturdays, 10:00 AM-12:00 PM
 Community Room

Fun weekly hands-on activities like games, crafts, storytime, and more!

PROGRAMS

Mini-Camps

Ages: 5-12 yrs

A variety of 4-day, half-day camps with morning & afternoon camps on sports, art, STEM, and more!

Art Classes

Ages: 5-12 yrs



Explore a variety of art styles & mediums and create unique projects.

Dance

Ages: 3-6 yrs + Parent & Child

Y dance classes are the perfect way to introduce rhythm, movement and music.

Gymnastics

Ages: 4-12 yrs + Parent & Child

All gymnastics programs focus on developing flexibility and coordination.

Swim Lessons

Ages: 6 months & up

We believe everyone deserves the opportunity to learn to swim and enjoy activities around water safety.

Swim Team Prep & Junior Narwhals Swim Team

Ages: 5-14 yrs

After completing Swim Team Prep, swimmers can tryout for Swim Team to enhance their stroke technique, interval & endurance training, and set goals.

Tae Kwon Do

Ages: 6 yrs & up

Students will focus on confidence, respect, concentration, and proper martial arts etiquette.

Volleyball Skills Clinic

Ages: 8-15 yrs

Soccer Skills Clinic

Ages: 6-12 yrs

Designed to teach and practice the fundamentals of volleyball and soccer in a fun and supportive atmosphere.

SPECIAL EVENTS

Splash Day

Sat, June 1, 11am-2PM
 Free Community Event



Splash Day is our annual party celebrating summer and the official opening of our interactive pool for the season! Join us for games, free snacks, & other fun activities, but the main attraction will be the water slides, water spouts & sprays, waterfalls, and pool! Bring your friends and neighbors!

Kids Night Out

Ages: 3*-12 yrs
 Sat, June 8, 5:30-9:30 PM



Don't miss this kids-only, fun-packed evening at the Y! Make art, play games, get silly, and end the night with a PG movie & popcorn. Pizza is provided. *Kids must be fully potty trained.

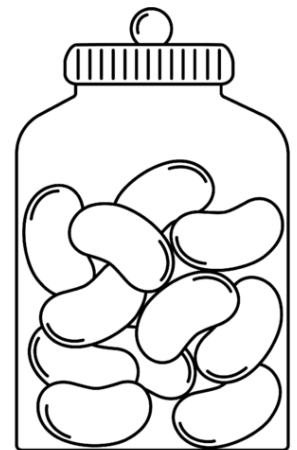


Summer Membership Promo

Join and your first month is free!

Monthly Member Challenge

Guess the number of jellybeans in the jar!



Submit your guess at the Welcome Center for a chance to win a prize!



JULY FAMILY FUN CALENDAR

NORTHWEST FAMILY YMCA

FREE ACTIVITIES

PROGRAMS

SPECIAL EVENTS

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
|--------|--------|---------|-----------|----------|--------|----------|

JULY WEEKLY PROGRAMS & ACTIVITIES

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| Outdoor Pool 12-6 PM Tae Kwon Do Dance (Toddler)  | Outdoor Pool 12-8 PM Mini-Camp Tae Kwon Do Dance (Parent & Child) | Outdoor Pool 12-8 PM Mini-Camp Gymnastics Junior Narwhals Swim Team Prep Soccer & Volleyball Clinic | Outdoor Pool 12-8 PM Mini-Camp Tae Kwon Do Art Classes Dance (Parent & Child) | Outdoor Pool 12-8 PM Mini-Camp Gymnastics Junior Narwhals Swim Team Prep Soccer & Volleyball Clinic | Outdoor Pool 12-8 PM | Outdoor Pool 10 AM-8 PM  |
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JULY FAMILY FUN ACTIVITIES

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| 30 | 1 Family Gym: Volleyball & Open Play 5-7 PM | 2 | 3 | 4 | 5 | 6 Family Activity Club: Puzzling & Puzzle Exchange 10 AM - 11 AM |
| 7 Poolside Popsicles 3-4 PM  | 8 Family Gym: Indoor Winter in July Games 5-7 PM  | 9 Chess Club 5-8 PM  | 10 | 11  | 12 Explorer Point: Co-Play Meetup 5-7 PM Movie & Popcorn 5:30-7:30 PM  | 8 Family Activity Club: Storytime & Book Exchange 10 AM - 11 AM Kids Night Out 5:30-9:30 PM |
| 14 Poolside Popsicles 3-4 PM | 15 Family Gym: Pickleball 5-7 PM  | 16 Chess Club 5-8 PM | 17 | 18 | 19 Explorer Point: Co-Play Meetup 5-7 PM | 20 Family Activity Club: LEGO's & Friends 10 AM - 12 PM |
| 21 Poolside Popsicles 3-4 PM | 22 Family Gym: Family Fitness & Open Gym 5-7 PM | 23 Chess Club 5-8 PM | 24 | 25 | 26 Explorer Point: Co-Play Meetup 5-7 PM Movie & Popcorn 5:30-7:30 PM  | 27 Family Activity Club: Board Games Galore 10 AM - 12 PM |
| 28 Poolside Popsicles 3-4 PM | 29 Family Gym: Gymnastics & Open Gym 5-7 PM  | 30 Chess Club 5-8 PM | 31 | 1 | 2 Explorer Point: Co-Play Meetup 5-7 PM | 3 Family Activity Club: Olympics & Paralympics Tabletop Games 10 AM - 12 PM |

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Outdoor Interactive Pool

Monday-Friday: 12-8 PM
 Saturday: 10 AM-8 PM
 Sunday: 12-6 PM

Open daily for your all of your splish, splash, and cooling off needs!

Poolside Popsicles

Sundays, 3:00-4:00 PM
 Outdoor Pool



Cool off with a sweet treat while supplies last every Sunday.

Family Gym Hours

Mondays, 5:00-7:00 PM
 Gymnasium

Families take over the gymnasium for open play and structured activities.

Chess Club

Tuesdays, 5:00-8:00 PM
 Community Room

Welcoming players of all ages and skill levels!

Explorer Point: Co-Play Meetup

Ages: 0-11 yrs
 Fridays, 5:00-7:00 PM
 Explorer Point

Bring a friend for a play date or meet new friends during our weekly Co-Play Meetup hours in Explorer Point.

Movie & Popcorn: Get Ready for the Olympics!

2nd & 4th Friday, 5:30-7:30 PM
 Community Room

Bring your own picnic or snack on free popcorn for a family-friendly movie.

July 12: Miracle
 July 26: Cool Runnings



Family Activity Club

Saturdays, 10:00 AM-12:00 PM
 Community Room

Fun weekly hands-on activities like games, crafts, storytime, and more!

PROGRAMS

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Ages: 5-12 yrs

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Ages: 6-12 yrs

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Kids Night Out

Ages: 3*-12 yrs
 Sat, July 6, 5:30-9:30 PM



Don't miss this kids-only, fun-packed evening at the Y! Make art, play games, get silly, and end the night with a PG movie & popcorn. Pizza is provided. *Kids must be fully potty trained.



Summer Membership Promo

Join and your first month is free!

Monthly Member Challenge

Independence Day Scavenger Hunt!



Stop by the Welcome Center & to find the hidden flags for a chance to win a prize!