



# JUNE FAMILY FUN CALENDAR

## EAST COMMUNITIES YMCA

FREE ACTIVITIES

PROGRAMS

SPECIAL EVENTS

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY








FRIDAY

SATURDAY

### JUNE WEEKLY PROGRAMS & ACTIVITIES

<p><b>Family Pool</b> 12-5:50 PM</p> <p><b>Lawn Games in the Lobby</b></p> <p><b>Dance</b></p> <p><b>Kid Warriors MMA &amp; Little Soldiers MMA</b></p> <p><b>Gymnastics</b></p>	<p><b>Family Pool</b> 10AM-750PM</p> <p><b>Lawn Games in Lobby</b></p> <p><b>Mini-Camp</b></p> <p><b>Gymnastics</b></p> <p>Swim Lessons</p>	<p><b>Family Pool</b> 10AM-750PM</p> <p><b>Lawn Games in Lobby</b></p> <p><b>Mini-Camp</b></p> <p><b>Basketball Skills Clinic</b></p> <p>Swim Lessons</p>	<p><b>Family Pool</b> 10AM-750PM</p> <p><b>Lawn Games in Lobby</b></p> <p><b>Mini-Camp</b></p> <p><b>Gymnastics</b></p> <p><b>Cheer &amp; Tumbling</b></p> <p>Swim Lessons</p>	<p><b>Family Pool</b> 10AM-750PM</p> <p><b>Lawn Games in Lobby</b></p> <p><b>Mini-Camp</b></p> <p><b>Volleyball Skills Clinic</b></p> <p>Swim Lessons</p>	<p><b>Family Pool</b> 10 AM-750 PM</p> <p><b>Popcorn Friday</b></p> <p><b>Lawn Games in Lobby</b></p> <p><b>Kid Warriors MMA</b></p> <p><b>Gymnastics</b></p> <p><b>Cheer &amp; Tumbling</b></p>	<p><b>Family Pool</b> 19AM-6:50PM</p> <p><b>Dance</b></p> <p>Swim Lessons</p>
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### JUNE FAMILY FUN ACTIVITIES

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2 <b>Splash Day!</b> 12:00-3:00 PM	3	4	5	6	7 <b>Popcorn Friday</b> 	
16 <b>Family Pickleball</b> 12:30-2 PM 	10	11	12 <b>Family Gym Hours</b> 2:00-4:00PM Gymnasium	13	14 <b>Story Time w/ Directors</b> 10:00 AM <b>Popcorn Friday</b> 	15
16 <b>Family Pickleball</b> 12:30-2 PM 	17	18	19 <b>Family Gym Hours</b> 2:00-4:00 PM Gymnasium	20	21 <b>Popcorn Friday</b> 	22
16 <b>Family Pickleball</b> 12:30-2 PM 	24	25	26 <b>Family Gym Hours</b> 2:00-4:00 PM Gymnasium	27	28 <b>Popcorn Friday</b> 	29

**FREE ACTIVITIES**

**Outdoor Interactive Pool**

Monday-Friday: 12-8 PM  
 Saturday: 10 AM-8 PM  
 Sunday: 12-6 PM

Open daily for your all of your splish, splash, and cooling off needs!

**Poolside Popsicles**

Sundays, 3:00-4:00 PM  
 Outdoor Pool



Cool off with a sweet treat while supplies last every Sunday.

**Family Gym Hours**

Mondays, 5:00-7:00 PM  
 Gymnasium

Families take over the gymnasium for open play and structured activities.

**Chess Club**

Tuesdays, 5:00-8:00 PM  
 Community Room

Welcoming players of all ages and skill levels!

**Explorer Point: Co-Play Meetup**

Ages: 0-11 yrs  
 Fridays, 5:00-7:00 PM  
 Explorer Point

Bring a friend for a play date or meet new friends during our weekly Co-Play Meetup hours in Explorer Point.

**Movie & Popcorn**

2nd & 4th Friday, 5:30-7:30 PM  
 Community Room

Bring your own picnic or snack on free popcorn for a family-friendly movie.

June 14: Wish  
 June 28: Soul



**Family Activity Club**

Saturdays, 10:00 AM-12:00 PM  
 Community Room

Fun weekly hands-on activities like games, crafts, storytime, and more!

**PROGRAMS**

**Mini-Camps**

Ages: 2-6 yrs

A variety of 4-day, half-day camps with morning & afternoon camps on sports, art, STEM, and more!

**Art Classes**

Ages: 5-12 yrs



Explore a variety of art styles & mediums and create unique projects.

**Dance**

Ages: 2-6 yrs + Parent & Child

Y dance classes are the perfect way to introduce rhythm, movement and music.

**Gymnastics**

Ages: 4-12 yrs + Parent & Child

All gymnastics programs focus on developing flexibility and coordination.

**Swim Lessons**

Ages: 6 months & up

We believe everyone deserves the opportunity to learn to swim and enjoy activities around water safety.

**Swim Team Prep & Junior Narwhals Swim Team**

Ages: 5-14 yrs

After completing Swim Team Prep, swimmers can tryout for Swim Team to enhance their stroke technique, interval & endurance training, and set goals.

**Tae Kwon Do**

Ages: 6 yrs & up

Students will focus on confidence, respect, concentration, and proper martial arts etiquette.

**Volleyball Skills Clinic**

Ages: 8-15 yrs

**Soccer Skills Clinic**

Ages: 6-12 yrs

Designed to teach and practice the fundamentals of volleyball and soccer in a fun and supportive atmosphere.

**SPECIAL EVENTS**

**Splash Day**

Sat, June 1, 1:00-4:00 PM  
 Free Community Event



Splash Day is our annual party celebrating summer and the official opening of our interactive pool for the season! Join us for games, free snacks, & other fun activities, but the main attraction will be the water slides, water spouts & sprays, waterfalls, and pool! Bring your friends and neighbors!

**Kids Night Out**

Ages: 3\*-12 yrs  
 Sat, June 8, 5:30-9:30 PM



Don't miss this kids-only, fun-packed evening at the Y! Make art, play games, get silly, and end the night with a PG movie & popcorn. Pizza is provided. \*Kids must be full potty trained.

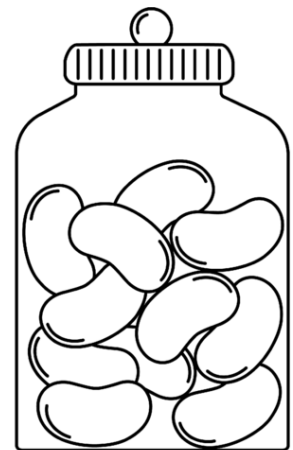


**Summer Membership Promo**

Join and your first month is free!

**Monthly Member Challenge**

**Guess the number of jellybeans in the jar!**



**Submit your guess at the Welcome Center for a chance to win a prize!**



# JULY FAMILY FUN CALENDAR EAST COMMUNITIES YMCA

## FREE ACTIVITIES

## PROGRAMS

## SPECIAL EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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## JULY WEEKLY PROGRAMS & ACTIVITIES

<b>Outdoor Pool</b> 12-6 PM  <b>Family Craft Corner in the Lobby</b>  <b>Dance (ages 3-5)</b> 5:00-5:45 PM  <b>Kid Warriors MMA &amp; Little Soldiers MMA</b>	<b>Outdoor Pool</b> 12-8 PM  <b>Family Craft Corner in the Lobby</b>  <b>Mini-Camp</b>  <b>Gymnastics</b>	<b>Outdoor Pool</b> 12-8 PM  <b>Family Craft Corner in the Lobby</b>  <b>Mini-Camp</b>  <b>Basketball Skills Clinic</b>	<b>Outdoor Pool</b> 12-8 PM  <b>Family Craft Corner in the Lobby</b>  <b>Mini-Camp</b>  <b>Dance (ages 5-8)</b> 5:00-5:45 PM  <b>Gymnastics</b>  <b>Cheer &amp; Tumbling</b>	<b>Outdoor Pool</b> 12-8 PM  <b>Family Craft Corner in the Lobby</b>  <b>Mini-Camp</b>  <b>Volleyball Skills Clinic</b>	<b>Outdoor Pool</b> 12-8 PM  <b>Family Craft Corner in the Lobby</b>  <b>Kid Warriors MMA</b>  <b>Gymnastics</b>  <b>Cheer &amp; Tumbling</b>	<b>Outdoor Pool</b> 10 AM-8 PM  <b>Dance (ages 3-5)</b> 12:10-12:55 PM
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## JULY FAMILY FUN ACTIVITIES

30	1	2	3	4	5 Popcorn Friday 	
7	8	9	10	11	12 Story Time with Directors 10:00 AM Popcorn Friday	13
14	15	16	17	18	19 Popcorn Friday 	20
21 Family Pickleball 12:30-2 PM 	22	23	24	25	26 Popcorn Friday 	27
28	29	30	31	1	2	3

**FREE ACTIVITIES**

**Outdoor Interactive Pool**

Monday-Friday: 12-8 PM  
 Saturday: 10 AM-8 PM  
 Sunday: 12-6 PM

Open daily for your all of your splish, splash, and cooling off needs!

**Poolside Popsicles**

Sundays, 3:00-4:00 PM  
 Outdoor Pool



Cool off with a sweet treat while supplies last every Sunday.

**Family Gym Hours**

Mondays, 5:00-7:00 PM  
 Gymnasium

Families take over the gymnasium for open play and structured activities.

**Chess Club**

Tuesdays, 5:00-8:00 PM  
 Community Room

Welcoming players of all ages and skill levels!

**Explorer Point: Co-Play Meetup**

Ages: 0-11 yrs  
 Fridays, 5:00-7:00 PM  
 Explorer Point

Bring a friend for a play date or meet new friends during our weekly Co-Play Meetup hours in Explorer Point.

**Movie & Popcorn**

2nd & 4th Friday, 5:30-7:30 PM  
 Community Room

Bring your own picnic or snack on free popcorn for a family-friendly movie.

July 12: Full Out  
 July 26: Cool Runnings



**Family Activity Club**

Saturdays, 10:00 AM-12:00 PM  
 Community Room

Fun weekly hands-on activities like games, crafts, storytime, and more!

**PROGRAMS**

**Mini-Camps**

Ages: 2-6 yrs

A variety of 4-day, half-day camps with morning & afternoon camps on sports, art, STEM, and more!

**Art Classes**

Ages: 5-12 yrs



Explore a variety of art styles & mediums and create unique projects.

**Dance**

Ages: 2-6 yrs

Y dance classes are the perfect way to introduce rhythm, movement and music.

**Gymnastics**

Ages: 4-12 yrs

All gymnastics programs focus on developing flexibility and coordination.

**Swim Lessons**

Ages: 6 months & up

We believe everyone deserves the opportunity to learn to swim and enjoy activities around water safety.

**Swim Team Prep & Junior Narwhals Swim Team**

Ages: 5-14 yrs

After completing Swim Team Prep, swimmers can tryout for Swim Team to enhance their stroke technique, interval & endurance training, and set goals.

**Tae Kwon Do**

Ages: 6 yrs & up

Students will focus on confidence, respect, concentration, and proper martial arts etiquette.

**Volleyball Skills Clinic**

Ages: 8-15 yrs

**Soccer Skills Clinic**

Ages: 6-12 yrs

Designed to teach and practice the fundamentals of volleyball and soccer in a fun and supportive atmosphere.

**SPECIAL EVENTS**

**Kids Night Out**

Ages: 3\*-12 yrs  
 Sat, July 6, 5:30-9:30 PM



Don't miss this kids-only, fun-packed evening at the Y! Make art, play games, get silly, and end the night with a PG movie & popcorn. Pizza is provided. \*Kids must be fully potty trained.



**Summer Membership Promo**

Join and your first month is free!

**Monthly Member Challenge**

**Independence Day Scavenger Hunt!**



**Stop by the Welcome Center & to find the hidden flags for a chance to win a prize!**



# AUGUST FAMILY FUN CALENDAR

## EAST COMMUNITIES YMCA

FREE ACTIVITIES

PROGRAMS



SPECIAL EVENTS

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

### AUGUST WEEKLY PROGRAMS & ACTIVITIES

<b>Outdoor Pool</b> 12-6 PM <b>Mini-Camp</b>	<b>Outdoor Pool</b> 12-8 PM <b>Mini-Camp</b>	<b>Outdoor Pool</b> 12-8 PM <b>Mini-Camp</b>	<b>Outdoor Pool</b> 12-8 PM <b>Mini-Camp</b>	<b>Outdoor Pool</b> 12-8 PM <b>Mini-Camp</b>	<b>Outdoor Pool</b> 12-8 PM	<b>Outdoor Pool</b> 10 AM-8 PM
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### AUGUST FAMILY FUN ACTIVITIES

28	29	30	31	1	2 <b>End of Summer Movie Night</b> 	3 <b>Kids Night Out</b> 5:30-9:30 PM
4	5	6	7	8	9 <b>Popcorn Friday</b> 	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**FREE ACTIVITIES**

**Outdoor Interactive Pool**

Monday-Friday: 12-8 PM  
 Saturday: 10 AM-8 PM  
 Sunday: 12-6 PM

Open daily for your all of your splish, splash, and cooling off needs!

**Poolside Popsicles**

Sundays, 3:00-4:00 PM  
 Outdoor Pool



Cool off with a sweet treat while supplies last every Sunday.

**Family Gym Hours**

Mondays, 5:00-7:00 PM  
 Gymnasium

Families take over the gymnasium for open play and structured activities.

**Chess Club**

Tuesdays, 5:00-8:00 PM  
 Community Room

Welcoming players of all ages and skill levels!

**Explorer Point: Co-Play Meetup**

Ages: 0-11 yrs  
 Fridays, 5:00-7:00 PM  
 Explorer Point

Bring a friend for a play date or meet new friends during our weekly Co-Play Meetup hours in Explorer Point.

**Movie & Popcorn**

2nd & 4th Friday, 5:30-7:30 PM  
 Community Room

Bring your own picnic or snack on free popcorn for a family-friendly movie.

August 9: School of Rock



**Family Activity Club**

Saturdays, 10:00 AM-12:00 PM  
 Community Room

Fun weekly hands-on activities like games, crafts, storytime, and more!

**PROGRAMS**

**Mini-Camps**

Ages: 2-6 yrs

A variety of 4-day, half-day camps with morning & afternoon camps on sports, art, STEM, and more!

**Art Classes**

Ages: 5-12 yrs



Explore a variety of art styles & mediums and create unique projects.

**Dance**

Ages: 2-6 yrs

Y dance classes are the perfect way to introduce rhythm, movement and music.

**Gymnastics**

Ages: 4-12 yrs

All gymnastics programs focus on developing flexibility and coordination.

**Swim Lessons**

Ages: 6 months & up

We believe everyone deserves the opportunity to learn to swim and enjoy activities around water safety.

**Swim Team Prep & Junior Narwhals Swim Team**

Ages: 5-14 yrs

After completing Swim Team Prep, swimmers can tryout for Swim Team to enhance their stroke technique, interval & endurance training, and set goals.

**Tae Kwon Do**

Ages: 6 yrs & up

Students will focus on confidence, respect, concentration, and proper martial arts etiquette.

**Volleyball Skills Clinic**

Ages: 8-15 yrs

**Soccer Skills Clinic**

Ages: 6-12 yrs

Designed to teach and practice the fundamentals of volleyball and soccer in a fun and supportive atmosphere.

**SPECIAL EVENTS**

**Splash Day**

Sat, June 1, 1:00-4:00 PM  
 Free Community Event



Splash Day is our annual party celebrating summer and the official opening of our interactive pool, splash pad, and water slides for the season! Join us for games, free snacks, & other fun activities, but the main attraction will be the water slides, water spouts & sprays, waterfalls, and pool! Bring your friends and neighbors!

**Kids Night Out**

Ages: 3\*-12 yrs  
 Sat, June 8, 5:30-9:30 PM



Don't miss this kids-only, fun-packed evening at the Y! Make art, play games, get silly, and end the night with a PG movie & popcorn. Pizza is provided.

\*Kids must be full potty trained.

**Monthly Member Challenge**

**Olympics & Paralympics Trivia!**



**Play trivia at the Welcome Center for a chance to win a prize!**

# Icon Options

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