

Full-Day Camp Themes – Y Fitness Center Locations

<i>Time Travelers</i>	Hop into the time machine for Time Travelers Week! Each day, campers will explore a different time period, from building medieval castles to competing in ancient Olympic games. Whether dressing up as a knight, decoding Egyptian hieroglyphs, or imagining life in the future, this camp is a journey through time like no other!
<i>Superhero Academy</i>	Unleash the Hero Within at Superhero Academy! Join us, as our superheroes in training discover their inner superpowers, design their own hero identities, and take on epic challenges to save the day. At Superhero Academy, campers will train in teamwork and strength, tackle daring missions, and by the end of the week graduate as heroes ready to make the world a better place!
<i>Mission Impossible</i>	Your mission, should you choose to accept it... Mission Impossible Week! Campers will train as secret agents, complete action-packed obstacle courses, and work together to solve exciting mysteries. With stealth, strategy, and teamwork, they'll crack the case before the week is over!
<i>Color Clash</i>	Join us for a vibrant week of fun, creativity, and friendly competition at Color Clash! From crafting colorful masterpieces to competing in color-coded group relays, obstacle courses, and scavenger hunts, each day brings new ways to ignite imagination, build friendships, and create lasting memories.
<i>Party In the USA</i>	Throw your hands up for 4th of July fun at Party in the USA! Campers will engage in stars vs. stripes challenges, create firework salt art, and spin their patriotic pinwheels with pride—all while enjoying classic camp activities. Whether competing in friendly games or making festive crafts, this week is all about fun, freedom, and celebrating summer YMCA-style!
<i>Olympiad</i>	Go for Gold at Olympiad! Join the excitement of the Olympics with a week of friendly competition, physical fitness, and personal growth. Campers will compete in fun games, design team flags, and participate in team-building activities that encourage sportsmanship. Whether racing to the finish line or cheering on their teammates, every camper will feel like a champion!
<i>Around the World</i>	Pack your bags for Around the World Adventure! Campers will travel the globe without leaving camp, experiencing different cultures through music, dance, art, and games. From playing soccer like the pros in Brazil to creating Japanese origami, this journey will inspire every young explorer!
<i>Tidal Wave</i>	Make a splash at Tidal Wave Week! From epic water balloon battles to relay races, this week is all about staying cool and having fun. Campers will take on exciting wave-themed challenges, creative water science experiments, and team competitions—all while soaking in the ultimate summer adventure! Get ready to dive into fun!
<i>Sports Mania</i>	Get in the game at Sports Extravaganza! Campers will dive into an action-packed week of sports, teamwork, and friendly competition. From soccer, basketball and Pickleball to relay races and field games, every day brings a new challenge. Whether scoring goals or cheering from the sidelines, every camper will feel like an MVP!
<i>Camp Rewind: Best of the Best</i>	Don't miss out on the ultimate summer send-off at Camp Rewind! Campers will enjoy a mix of their favorite games, activities, and adventures from the entire summer. Whether racing through an obstacle course, creating a masterpiece, or playing in the water, this is the perfect way to wrap up an unforgettable summer!